

Practical Information for

International Participants

Ukrainian Resilience Week 2026

Lviv, Ukraine | 29 September – 1 October 2026



CONTENTS

1. Before You Travel.....	5
Planning Your Journey.....	5
Before Departure.....	5
Weather.....	6
Travel Documents and Border Crossing.....	6
2. Safety and Security.....	7
Security Situation in Lviv.....	7
Curfew.....	7
Air Raid Alerts.....	8
Shelters.....	8
Photography and Security Restrictions.....	9
During the Conference.....	10
Emergency Contacts.....	10
Your Safety Is Our Priority.....	11
3. Arrival in Lviv.....	12
Transfer to Lviv / Return Transfer.....	12
Arriving at Your Hotel.....	12
Accommodation.....	13
During Conference Activities.....	14
4. Getting Around Lviv.....	15
Walking.....	15
Taxi Services.....	15
Public Transport.....	15
Organised Transportation.....	16
5. Practical Information.....	17
Currency and Payments.....	17
Mobile Connectivity.....	17
Electricity.....	17
Time Zone.....	18
Language.....	18
Drinking Water.....	18
Health Care.....	19
Accessibility.....	19
Shopping Hours.....	19

6. Food & Dining.....	20
Discover the Flavours of Galicia.....	20
Recommended Restaurants in the Historic Centre.....	21
Coffee Culture.....	22
Dining Tips.....	23
7. Shopping & Souvenirs.....	24
What to Bring Home.....	24
A Few Shopping Tips.....	25
8. Explore Lviv.....	26
Rynok (Market) Square.....	26
Lviv National Opera.....	26
Armenian Quarter.....	26
High Castle Park.....	26
Lychakiv Cemetery.....	26
Shevchenkovskyi Hai Open-Air Museum.....	27
Museums and Galleries.....	27
Parks and Green Spaces.....	27
9. Visitor Tips.....	28
10. Contact Information.....	29
Ukrainian Resilience Week 2026 Team.....	29
European Embassies in Ukraine.....	29

Welcome to Lviv

Dear Participant,

Thank you for your interest in participating in Ukrainian Resilience Week 2026. We are delighted to welcome you to Lviv – a city that has become an international meeting place for discussions on resilience, recovery, innovation and European cooperation.

As Ukraine continues to respond to the challenges of war while advancing its European integration, Lviv has emerged as a leading centre for international dialogue, municipal innovation and partnership. Ukrainian Resilience Week brings together representatives of local and national governments, European institutions, international organisations, businesses, academia and civil society to exchange experience, develop new partnerships and explore practical solutions for building more resilient communities.

This guide has been prepared to help you plan your journey and ensure a comfortable, safe and enjoyable stay. It includes practical information about travelling to Lviv, accommodation, safety procedures, local transportation, restaurants, shopping, sightseeing and other useful tips that will help you make the most of your visit.

Our organising team has extensive experience in welcoming international delegations, government representatives, business leaders, researchers and civil society organisations. Throughout your stay, we will be available to assist you and ensure that your visit is both productive and memorable.

We look forward to welcoming you to Lviv.



1. Before You Travel

Planning Your Journey

For participants travelling from Europe and other international destinations, the most convenient way to reach Lviv is by flying to Rzeszów–Jasionka Airport or John Paul II International Airport Kraków–Balice in Poland. Both airports offer direct connections with numerous European cities and serve as convenient gateways to western Ukraine.

Rzeszów–Jasionka Airport is the closest international airport to the Ukrainian border and is the recommended option for most participants. Kraków Airport, one of Central Europe's largest aviation hubs, offers an even wider choice of international flights and may be a more convenient option depending on your departure city.

To facilitate participants' travel, the organisers will arrange complimentary group transfers from both Rzeszów Airport and Kraków Airport to Lviv for invited speakers, official guests and international delegations. Return transfers from Lviv to both airports will also be provided at the conclusion of the event.

Detailed information regarding transfer schedules, meeting points, estimated journey times and emergency contact numbers will be shared with registered participants approximately two weeks before the conference.

The journey from Rzeszów Airport to Lviv typically takes three to four hours, while the transfer from Kraków Airport to Lviv usually takes about six hours, depending on traffic conditions and border crossing times. Throughout each transfer, participants will be accompanied by members of the organising team to ensure a smooth and comfortable journey.

Participants travelling independently may also reach Lviv by train, coach or private transfer from Poland and other neighbouring European countries.

Before Departure

To help ensure a smooth journey, we recommend completing the following preparations before travelling:

- Check that your passport is valid for the duration of your stay.
- Arrange appropriate travel insurance covering travel to Ukraine.
- Inform the organisers in advance of any dietary requirements, accessibility needs or medical conditions that should be taken into account during the conference.
- Save the contact details of the organising team for easy access during your journey.

We also recommend downloading several mobile applications before departure, as they will be useful throughout your stay in Ukraine:

Application	Purpose
Air Alert Ukraine	Official air raid notifications
Bolt	Taxi service
Uber	Taxi service
Uklon	Local ride-hailing service
Google Maps	Navigation (offline maps may also be downloaded in advance)

Weather

Late September is one of the most pleasant times to visit Lviv. Autumn colours begin to appear throughout the city's parks and historic streets, while daytime temperatures generally remain comfortable for sightseeing and outdoor activities.

Typical temperatures range between **15°C and 20°C** during the day and **8°C to 12°C** in the evening.

We recommend bringing:

- comfortable walking shoes, as much of the historic centre is paved with traditional cobblestones;
- a light jacket or coat for cooler evenings;
- a compact umbrella or rain jacket, as occasional rainfall is possible.

Travel Documents and Border Crossing

International participants entering Ukraine through Poland should allow additional time for border formalities. Although border procedures are generally well organised for EU citizens, waiting times may vary depending on the time of day and passenger traffic.

2. Safety and Security

The safety and well-being of all participants are our highest priority. While Ukraine continues to defend itself against Russia's full-scale invasion, Lviv has remained an important centre for international cooperation and continues to host diplomatic delegations, international conferences, business missions, cultural events and official visits throughout the year.

The city has well-established security procedures and emergency response systems that allow international events to take place safely and responsibly. Ukrainian Resilience Week has been planned in close cooperation with the relevant municipal authorities, venue operators and emergency services. Throughout the event, our organising team will remain in close contact with participants and provide timely information whenever necessary.

We kindly ask all visitors to familiarise themselves with the guidance below before travelling to Ukraine.

Security Situation in Lviv

Lviv is located in western Ukraine, approximately 1,300 kilometres from the eastern frontline. There are no active hostilities in or around the city, and daily life continues largely as normal.

Restaurants, cafés, hotels, museums, theatres, shops, public transport and cultural institutions operate as usual, and the city regularly welcomes international visitors from across Europe and beyond. Since 2022, Lviv has hosted hundreds of international conferences, ministerial meetings, diplomatic visits and business events, demonstrating its capacity to safely receive guests while maintaining comprehensive security procedures.

Visitors may notice military personnel in public spaces. Many are in Lviv for rehabilitation through the UNBROKEN ecosystem, professional training, official duties or leave with their families. Public order is maintained by the National Police, municipal authorities and other emergency services.

Although Lviv is considered one of Ukraine's safest major cities, no destination in the country can be regarded as entirely risk-free. As in many parts of Europe, public authorities continuously assess potential risks and adapt security measures when necessary. Participants are therefore encouraged to follow the guidance provided by organisers and local authorities throughout their stay.

Curfew

A nightly curfew is currently in force between **00:00 (midnight) and 05:00**.



During these hours, people are not permitted to be outdoors unless they have special authorisation. We kindly ask participants to plan evening activities accordingly and return to their accommodation before midnight.

It is also advisable to carry your passport or another official form of identification while travelling around the city.

Air Raid Alerts

Although Lviv is located far from the active combat zone, air raid alerts may occasionally occur due to missile or drone threats targeting different regions of Ukraine.

Air raid alerts are precautionary measures designed to provide sufficient time for people to move safely to shelter before a potential threat reaches the area. In many cases, alerts end without any incidents affecting the city.

If an air raid alert is announced:

- Air raid sirens will sound throughout the city.
- Notifications will appear in the official [Air Alert Ukraine](#) mobile application.
- Members of the organising team will immediately provide guidance.
- Please remain calm and carefully follow the instructions of conference staff and venue personnel.

If an alert occurs during conference activities, the programme will be temporarily suspended. Participants will be escorted to the designated shelter, where they will remain until the official “all clear” notification has been issued. Once the alert has ended, the conference programme will resume.

For your convenience, we strongly recommend downloading the [Air Alert Ukraine](#) application before your arrival and enabling notifications.

Shelters

Lviv has an extensive civil protection system comprising more than 6,000 designated shelters located throughout the city.

All official conference venues have either their own certified shelter or immediate access to a nearby designated shelter. The same approach has been taken when selecting the recommended accommodation for participants, ensuring that all suggested hotels have access to appropriate shelter facilities.

If an air raid alert occurs, please:

- remain calm;

- follow the instructions of the organising team and venue staff;
- proceed promptly to the designated shelter;
- remain there until the official “all clear” notification has been issued.

Whenever possible, we recommend taking a few essential personal items with you when moving to a shelter, including:

- your passport or other identification document;
- a bottle of drinking water;
- any essential medications you may require;
- a light snack;
- a whistle, which can be useful in emergency situations.

Useful digital resources include:

- the [Interactive Shelter Map of Lviv](#);
- the [Lviv City Helper chatbot](#), which can identify the nearest shelter based on your location.

Throughout the conference, members of the organising team will accompany participants to the designated shelters as required, provide clear instructions and assistance, and keep participants informed until the official “all clear” notification is issued and the programme can safely resume. Similarly, at the recommended hotels, trained hotel personnel will guide guests to the designated shelter and assist in accordance with the hotel’s emergency procedures.

Photography and Security Restrictions

For security reasons, Ukrainian legislation prohibits photographing or filming certain locations and activities.

Please do **not** photograph or film:

- military personnel;
- military facilities;
- checkpoints;
- critical infrastructure;
- government buildings;
- locations affected by missile or drone strikes.

We also recommend:

- disabling geolocation when posting photographs or videos on social media;
- avoiding live streaming from public locations;
- respecting any temporary security instructions issued by local authorities.

These measures help protect public safety and support Ukraine's security efforts.

During the Conference

The organising team continuously monitors the security situation before and throughout the event in close cooperation with local authorities and venue operators.

The safety of participants remains our highest priority throughout the event. **A dedicated emergency response team from the State Emergency Service of Ukraine (SESU) will be present and on duty throughout the conference to provide immediate assistance should it be required.** The organising team will work in close coordination with the emergency services, local authorities and venue operators to ensure that all safety procedures are implemented efficiently and that participants receive clear guidance in any situation.

Emergency Contacts

Ukraine operates a unified emergency response system similar to those used across Europe.

Should you require immediate assistance, please use the following numbers:

Service	Number
General Emergency	112
Fire & Rescue	101
Police	102
Ambulance	103

In addition, members of the Ukrainian Resilience Week organising team will remain available throughout the conference. Emergency contact details for the conference coordination team will be shared with all registered participants before arrival and will also be printed on conference badges and included in the event mobile information package.

Your Safety Is Our Priority

The safety and well-being of our participants are our highest priority. Ukrainian Resilience Week has been planned in close cooperation with the relevant municipal authorities, venue operators and security services. Comprehensive safety procedures are in place for all official activities, and our team will provide clear guidance throughout your visit.

We sincerely appreciate your willingness to visit Lviv and stand with Ukraine. Your presence is not only greatly valued but also contributes to strengthening international cooperation and supporting the resilience of Ukrainian communities.



3. Arrival in Lviv

Your journey to Lviv marks the beginning of your participation in Ukrainian Resilience Week. Our organising team will do everything possible to ensure that your arrival is smooth, comfortable and well coordinated. The information below outlines what you can expect when travelling to Ukraine and arriving in Lviv.

Transfer to Lviv / Return Transfer

For invited speakers, official guests and registered international delegations, the organisers will provide complimentary group transfers between Lviv and both Rzeszów–Jasionka Airport and John Paul II International Airport Kraków–Balice. Transfers will be arranged both upon arrival before the conference and following the conclusion of the event.

Approximately two weeks before Ukrainian Resilience Week, participants using the organised transfers will receive:

- detailed transfer schedules;
- meeting point instructions at the airport;
- contact details of the transfer coordinator;
- emergency telephone numbers;
- information about the vehicle and driver.

The journey from Rzeszów Airport to Lviv typically takes three to four hours, while the journey from Kraków Airport to Lviv usually takes around six hours, depending on traffic conditions and border crossing procedures.

To ensure efficient transportation, participants arriving on flights with similar arrival times will be grouped together whenever possible. Members of the organising team will accompany each transfer, providing assistance throughout the journey and ensuring a comfortable arrival in Lviv. Return transfers to both airports will be organised using the same approach, with schedules coordinated to match participants' departure flights as closely as possible.

Arriving at Your Hotel

Unless otherwise arranged, participants are kindly asked to reserve their own accommodation. We recommend booking your hotel as early as possible, as September is a popular period for conferences and tourism in Lviv.

Most recommended hotels are located within or near the UNESCO-listed historic city centre, providing convenient access to conference venues, restaurants and cultural attractions.

Upon arrival, hotel staff will be able to provide practical information about nearby services, restaurants and transportation. Most reception staff speak English and are accustomed to assisting international visitors.

Accommodation

Lviv offers a wide range of accommodation, from boutique heritage hotels located in historic buildings to internationally recognised hotel brands and comfortable business hotels.

The hotels listed below have been selected because of their convenient locations, quality of service and easy access to both the **Lviv City Hall (1 Rynok Square)**, where several official events will take place, and **LEM Station (57 Dmytra Vitovskoho St.)**, one of the main conference venues.

Participants are welcome to choose any accommodation that best suits their preferences and budget.

Hotel	Address	Approximate Distance to City Hall (1 Rynok Square)	Approximate Distance to LEM Station (57 Dmytra Vitovskoho St.)
Leopolis Hotel	16 Teatralna St.	2 min walk	30 min walk / 15–20 min by taxi
Atlas Deluxe Hotel	45 Market Square	1 min walk	30 min walk / 15–20 min by taxi
Astoria Hotel	15 Horodotska St.	5 min walk	25 min walk / 15–20 min by taxi
Ibis Lviv Center	23A Franka St.	10 min walk	20 min walk / 10–15 min by taxi
Premier Hotel Dnister	6 Mateyka St.	15 min walk	18 min walk / 10–15 min by taxi
Citadel Inn Hotel & Resort	11 Grabovskoho St.	15 min walk	15 min walk / 5–10 min by taxi

Please note: Accommodation is not included in conference registration unless specifically confirmed by the organisers. Participants are kindly requested to book their preferred hotel directly.

During Conference Activities

Most conference sessions will take place in central Lviv within walking distance of one another. Some study visits and technical tours will take participants to other locations across the city.

Transportation will be provided by the organisers for all official study visits, site visits and excursions included in the programme.

Whenever transportation is organised, participants will receive clear departure times and meeting locations in advance.

4. Getting Around Lviv

Lviv is a compact and highly walkable city, making it easy to move between conference venues, hotels and the main cultural attractions. The historic city centre is a UNESCO World Heritage Site, and many of its landmarks, restaurants and cafés are located within a comfortable walking distance of one another.

For Ukrainian Resilience Week, the majority of conference activities will take place either in the city centre or at [LEM Station](#), both of which are easily accessible from the recommended hotels.

Walking

Many participants will find that walking is the most convenient way to explore central Lviv. Most hotels, restaurants, cafés and historic attractions are located within a 10–20-minute walk of Market Square (Rynok Square).

Please note that many streets in the historic centre are paved with traditional cobblestones. Comfortable footwear is therefore highly recommended, particularly if you plan to explore the city outside the conference programme.

Taxi Services

Taxis are safe, affordable and widely available throughout the city.

For convenience and transparent pricing, we recommend using one of the following ride-hailing applications:

- [Uber](#)
- [Bolt](#)
- [Uklon](#)

Both applications allow you to pay by credit card or cash and are available in English.

Typical journey times within the city centre range from 10 to 20 minutes, depending on traffic.

We recommend avoiding unofficial taxis waiting outside transport hubs and instead booking through one of the recommended applications.

Public Transport

Lviv has an extensive public transport network consisting of trams, trolleybuses and buses.

Trams are particularly popular for travelling through the city centre and offer visitors an opportunity to experience everyday life in Lviv. Tickets can be purchased electronically using contactless payment or through the city's public transport applications.

Although public transport is reliable and inexpensive, many international visitors find taxis more convenient, particularly when travelling with luggage or between conference venues.

Organised Transportation

The organisers will provide transportation for all official activities taking place outside the city centre, including study visits, technical tours and other programme excursions.

Participants will receive detailed departure times and meeting locations in advance. Members of the organising team will accompany each group throughout these activities.

5. Practical Information

The following information will help you navigate everyday life in Lviv and make your stay as comfortable as possible.

Currency and Payments

The official currency of Ukraine is the Ukrainian Hryvnia (UAH).

Credit and debit cards are accepted almost everywhere, including hotels, restaurants, cafés, supermarkets and taxis. Contactless payments using **Visa**, **Mastercard**, **Apple Pay** and **Google Pay** are widely available.

ATMs can be found throughout the city centre should you wish to withdraw cash. While most businesses accept card payments, carrying a small amount of cash may be useful for purchases at local markets or small independent shops.

Mobile Connectivity

Ukraine has excellent mobile coverage and high-speed internet services.

Free Wi-Fi is available in most hotels, restaurants, cafés and conference venues.

Visitors from many European countries may be able to continue using their existing mobile plans under international roaming agreements. We recommend checking the applicable conditions with your mobile operator before travelling.

Should you require a local SIM card, prepaid packages from [Kyivstar](#), [Vodafone Ukraine](#) and [Lifecell](#) are inexpensive and can be purchased at shopping centres, mobile phone stores and the railway station.

Electricity

Ukraine uses 230V electricity with Type C and Type F plugs, which are compatible with the standard used in most European countries.

Electricity supply in Lviv is generally stable. Nevertheless, as a result of ongoing attacks on Ukraine's energy infrastructure, temporary power outages may occasionally occur. To manage these situations, electricity distribution companies may introduce scheduled outages, although they have become significantly less frequent.

Most hotels, conference venues and public institutions have installed backup power systems to ensure uninterrupted operation whenever possible. We nevertheless recommend carrying a fully charged power bank during your stay.

If scheduled power outages are in effect during your visit, hotel reception staff will be able to provide the latest information and advise you on the current electricity schedule for your area.

Time Zone

During the conference, Ukraine operates on **Eastern European Summer Time (EEST, UTC+3)**.

Language

The official language of Ukraine is **Ukrainian**.

English is commonly spoken by hotel staff, conference volunteers, younger residents and employees in restaurants and cafés located in the city centre. Most conference venues also have English-speaking personnel available to assist international participants.

Learning a few simple Ukrainian expressions is always appreciated by residents.

Ukrainian	Pronunciation	English
Добрий день	Dobryi den	Good afternoon / Hello
Доброго ранку	Dobroho ranku	Good morning
Дякую	Dyakuyu	Thank you
Будь ласка	Bud laska	Please / You're welcome
Так	Tak	Yes
Ні	Ni	No
До побачення	Do pobachennya	Goodbye

Drinking Water

Tap water in Lviv is safe for washing and brushing teeth. While many residents drink filtered tap water at home, bottled drinking water is widely available and commonly used.

Complimentary bottled water will be provided during conference sessions.

Health Care

Lviv has an excellent network of hospitals, clinics and pharmacies.

Pharmacies are widely available throughout the city, with many remaining open until late evening and several operating 24 hours a day.

Should you require medical assistance during the conference, the organising team will help arrange appropriate healthcare services and, if necessary, assist with interpretation.

Participants are advised to bring any personal medications they may require during their stay, together with copies of relevant prescriptions if applicable.

In the event of a medical emergency, please dial 103 to contact the Ambulance Service or 112, the national emergency number. Members of the organising team will also be available to assist you in obtaining medical care and, if necessary, facilitate communication with healthcare providers.

Accessibility

The organisers are committed to ensuring that Ukrainian Resilience Week is accessible to all participants.

If you require mobility assistance, accessible accommodation, interpretation or any other support, please inform the organising team before your arrival so that suitable arrangements can be made.

Shopping Hours

Most businesses in Lviv operate throughout the week according to the following general schedule:

- **Shops and boutiques:** 10:00–21:00
- **Shopping centres:** 10:00–22:00
- **Supermarkets:** typically 08:00–22:00 (some until 23:00)
- **Restaurants and cafés:** generally open from early morning until approximately 22:00–23:00, subject to the nightly curfew.

6. Food & Dining

Lviv has long been regarded as one of Eastern Europe's most attractive culinary destinations. The city's cuisine reflects centuries of cultural exchange between Ukrainian, Galician, Polish, Armenian, Jewish, Austrian and Central European traditions, while contemporary chefs continue to reinterpret these influences in creative and innovative ways.

Whether you are looking for a quick coffee between conference sessions, a relaxed business lunch or a memorable dinner in a historic setting, Lviv offers an excellent selection of restaurants, cafés and wine bars. Most establishments are located within walking distance of the conference venues and recommended hotels.

Vegetarian, vegan and gluten-free options are widely available, and many restaurants are happy to accommodate dietary requirements upon request. If you have food allergies or specific dietary needs, we kindly ask you to inform the organisers in advance so that appropriate arrangements can also be made during conference catering.

Discover the Flavours of Galicia

During your stay, we encourage you to sample some of the region's traditional dishes. Galician cuisine is hearty yet refined, combining locally sourced ingredients with recipes passed down through generations.

Some specialties worth trying include:

- **Borshch** – Ukraine's famous beetroot soup, often served with sour cream and traditional garlic rolls (pampushky).
- **Varenyky** – Ukrainian dumplings filled with potato, cheese, mushrooms, cabbage, meat or seasonal fruit.
- **Holubtsi** – cabbage leaves stuffed with rice and meat or vegetables, slowly cooked in a rich tomato sauce.
- **Banosh** – a traditional Carpathian dish made from creamy cornmeal, bryndza cheese and mushrooms.
- **Deruny** – crispy potato pancakes, usually served with sour cream or mushroom sauce.
- **Carpathian cheeses** – including smoked budz and bryndza, produced in the nearby Carpathian Mountains.
- **Lviv syrnyk** – the city's signature baked cheesecake, considered one of Ukraine's best-loved desserts.

Many restaurants also offer excellent selections of Ukrainian wines, local craft beers and traditional fruit liqueurs.

Recommended Restaurants in the Historic Centre

The restaurants listed below are all located within the UNESCO-listed Old Town and can be reached on foot from Market Square. They represent a variety of culinary styles, from authentic Galician cuisine to contemporary European gastronomy.

Restaurant	Address	Cuisine	Why Visit
<u>Baczewski Restaurant</u>	8 Shevska St.	Galician, Polish & Ukrainian	One of Lviv's best-known restaurants, inspired by the historic Baczewski distillery. Renowned for its elegant greenhouse-style interior, live piano music, and refined interpretation of Galician cuisine. Advance reservations are highly recommended
<u>Atlas Restaurant</u>	45 Market Square	European & Galician	Located in the historic Atlas Passage, one of Lviv's legendary meeting places since the late nineteenth century. A spacious terrace overlooking Market Square makes it ideal for informal meetings and evening dinners
<u>The Most Expensive Galician Restaurant</u>	14 Market Square	Traditional Galician	A playful themed restaurant where dining is combined with Lviv's famous sense of humour. Guests receive a symbolic "Masonic membership card," which unlocks discounted prices
<u>Pravda Beer Theatre</u>	32 Market Square	Ukrainian cuisine & craft beer	Home to one of Ukraine's most famous craft breweries. Live brass-band performances are held almost every evening, creating a lively atmosphere in the heart of the city

Centaur Restaurant	34 Market Square	Mediterranean & European	Set inside one of Lviv's oldest Renaissance buildings, Centaur combines Mediterranean cuisine with elegant historic interiors and an excellent wine selection
Mons Pius	7 Lysiaka St.	European Steakhouse	A favourite for business dinners, Mons Pius specialises in premium steaks served in a beautifully restored historic courtyard
The First Lviv Grill Restaurant of Meat and Justice	20 Valova St.	Grill & Ukrainian cuisine	One of Lviv's famous themed restaurants, inspired by medieval traditions. Expect open-fire cooking, generous portions and occasional theatrical performances
Svit Kavy	6 Cathedral Square	Café & Breakfast	Widely regarded as one of Lviv's finest specialty coffee cafés, offering excellent breakfasts, pastries and expertly roasted coffee

Coffee Culture

Coffee is an essential part of Lviv's identity. Introduced centuries ago through Central European trade routes, it has become one of the city's defining cultural traditions.

Whether you prefer a quiet café for informal meetings or a lively terrace overlooking the historic streets, Lviv offers countless opportunities to enjoy exceptional coffee throughout the day.

Some particularly recommended cafés include:

- [Lviv Coffee Manufacture](#) – famous for its freshly roasted coffee and unique “coffee mine” experience beneath Market Square.
- [Svit Kavy](#) – a favourite among locals and visitors alike for specialty coffee and breakfasts.
- [Black Honey](#) – a modern café serving excellent coffee alongside healthy breakfasts and light lunches.

- [Virmenka](#) – a legendary café that has been a meeting place for artists, writers and musicians for decades.

Dining Tips

Restaurants in Lviv are generally open from early morning until approximately **10:00 or 11:00 p.m.**, subject to the nightly curfew.

Most restaurants accept international credit cards, and English-language menus are commonly available. Service is generally relaxed, allowing guests to enjoy their meals at a leisurely pace. If service is not already included, leaving a gratuity of **5–10%** is customary and appreciated, though not required.

7. Shopping & Souvenirs

No visit to Lviv would be complete without taking home a small reminder of the city. From handcrafted ceramics and embroidered textiles to freshly roasted coffee and artisan chocolates, Lviv offers a wonderful selection of authentic Ukrainian products that reflect both the region's rich cultural heritage and its vibrant contemporary creative scene.

Purchasing locally made products is also a meaningful way to support Ukrainian artisans, designers, and small businesses.

What to Bring Home

Souvenir	Why it's Special	Recommended Place
Lviv Coffee	Freshly roasted coffee from Ukraine's coffee capital	Lviv Coffee Manufacture (10 Market Square); Svit Kavy (6 Cathedral Square)
Lviv Handmade Chocolate	Beautifully packaged artisan chocolates and pralines	Lviv Handmade Chocolate , 3 Serbska St.
Baczewski Liqueurs & Spirits	Premium liqueurs inspired by the historic Baczewski family	Baczewski Restaurant Gift Shop , 8 Shevska St.
Vyshyvanka (Embroidered Shirt)	One of Ukraine's most recognisable cultural symbols	Etnodim (21 Ruska St.); Svarga (20 Valova St.)
Carpathian Ceramics	Handmade pottery inspired by traditional Hutsul craftsmanship	Vernissage Market
Wooden Crafts	Hand-carved kitchenware, ornaments and decorative items	Vernissage Market
Carpathian Honey & Herbal Tea	Natural regional products from the Carpathian Mountains	Specialty food shops and Vernissage Market
Contemporary Ukrainian Design	Jewellery, ceramics, fashion accessories and home décor by Ukrainian designers	Boutiques throughout the Old Town

A Few Shopping Tips

Most shops in central Lviv accept international credit cards, and many staff members speak English. If purchasing fragile items such as ceramics or glassware, retailers are generally happy to provide protective packaging suitable for air travel.

Shopping in Lviv is not only an opportunity to find meaningful gifts but also a way to support local entrepreneurs, craftspeople, and designers whose work helps preserve and promote Ukraine's rich cultural heritage.

8. Explore Lviv

Beyond the conference programme, we encourage you to take some time to discover one of Europe's most beautiful historic cities. Lviv's UNESCO-listed Old Town combines centuries of architectural heritage with a vibrant cultural scene, lively cafés, excellent museums and welcoming public spaces. Almost every street tells a story, reflecting the city's unique blend of Ukrainian, Central European, Armenian, Jewish and Austrian influences.

Whether you have just an hour between sessions or decide to extend your stay, Lviv offers countless opportunities to explore.

Rynok (Market) Square

The heart of Lviv for more than 650 years, Market Square remains the city's principal gathering place. Surrounded by colourful Renaissance townhouses, cafés and restaurants, it is the perfect place to begin exploring the city. Climb the tower of the City Hall for panoramic views of the Old Town or simply enjoy the lively atmosphere from one of the many outdoor terraces.

Lviv National Opera

One of the finest opera houses in Europe, the Lviv National Opera is renowned for its magnificent Neo-Renaissance architecture and richly decorated interiors. Even if you do not attend a performance, the building itself is well worth a visit and is one of the city's most recognisable landmarks.

Armenian Quarter

The Armenian Quarter is among Lviv's most atmospheric neighbourhoods. Narrow cobbled streets lead to the remarkable Armenian Cathedral, a unique architectural masterpiece that reflects centuries of Armenian presence in the city. The surrounding cafés and small courtyards make this one of the most charming areas to explore on foot.

High Castle Park

For the best panoramic views of Lviv, visit High Castle Park. A pleasant walk to the top rewards visitors with spectacular views across the historic centre and surrounding hills. The park is particularly beautiful at sunrise and sunset.

Lychakiv Cemetery

Often described as one of Europe's most beautiful historic cemeteries, Lychakiv Cemetery is both an open-air museum and an important place of remembrance. Its remarkable sculptures, historic monuments and peaceful tree-lined avenues offer a fascinating insight into the city's rich history.

Shevchenkovskyi Hai Open-Air Museum

Located just outside the city centre, this open-air museum presents traditional wooden churches, houses and farm buildings relocated from different regions of western Ukraine. It provides an excellent introduction to Ukrainian folk architecture and rural traditions.

Museums and Galleries

If time permits, you may also wish to visit:

- [Zenyk Art Gallery;](#)
- [Ya Gallery;](#)
- [the National Museum of Andrey Sheptytsky;](#)
- [the Pharmacy Museum;](#)
- [the Museum of Ethnography;](#)
- [the Museum of Glass;](#)
- [the Jam Factory Art Center](#), one of Ukraine's leading contemporary art institutions.

Parks and Green Spaces

Lviv is home to numerous parks and gardens that provide peaceful places to relax after a busy conference day.

Particularly recommended are:

- Ivan Franko Park (Ukraine's oldest municipal park),
- Stryiskyi Park,
- High Castle Park.

9. Visitor Tips

To help make your stay as comfortable as possible, we have collected a few practical suggestions frequently appreciated by international visitors.

Carry Identification

Please keep your passport or another official form of identification with you throughout your stay, particularly when travelling around the city.

Wear Comfortable Shoes

Lviv's historic centre is best explored on foot. Traditional cobblestone streets add to its charm but can be uneven, so comfortable footwear is highly recommended.

Stay Connected

Keep your mobile phone charged and consider carrying a power bank during the day. Although electricity supply in Lviv is generally stable, a fully charged phone is always useful for navigation and communication.

Respect Security Guidance

Should an air raid alert occur, remain calm and follow the instructions of conference staff. These procedures are well established and are routinely followed during international events.

Payments

Credit cards are accepted almost everywhere. Nevertheless, carrying a small amount of cash can be useful when visiting markets or smaller independent shops.

Smoking

Smoking is prohibited inside restaurants, hotels, conference venues and most public buildings. Designated outdoor smoking areas are generally available.

10. Contact Information

Should you require assistance before or during the conference, please do not hesitate to contact the organising team.

Ukrainian Resilience Week 2026 Team

General Enquiries

Tetyana Struk

Email: Tetyana.Struk@city-institute.org

Telephone: +38 050 430 21 50

Olena Pavlyuk

Email: Olena.Pavlyuk@city-institute.org

Telephone: +38 097 903 51 81

Emergency Conference Contact (available throughout the event)

Mobile / WhatsApp: Tetyana Struk +38 050 430 21 50

Website

<https://www.urw.com.ua/en>

European Embassies in Ukraine

Should you require consular assistance during your stay, please contact your country's embassy. Most European embassies are located in Kyiv and provide emergency assistance to their citizens. We recommend saving the contact details of your embassy before travelling.

Country	Embassy Address	Telephone	Website
European Union Delegation	101 Volodymyrska St., Kyiv	+380 44 390 8010	European External Action Service
Poland	12 Yaroslaviv Val St., Kyiv	+380 44 230 0700	Embassy of Poland
Germany	25 Bohdana Khmelnytskoho St., Kyiv	+380 44 247 6800	German Embassy

France	39 Reitarska St., Kyiv	+380 44 590 3600	French Embassy
Italy	32A Yaroslaviv Val St., Kyiv	+380 44 230 3100	Italian Embassy
Spain	52B Velyka Vasylkivska St., Kyiv	+380 44 521 0740	Spanish Embassy
Netherlands	7 Kontraktova Square, Kyiv	+380 44 490 8200	Embassy of the Netherlands
Belgium	4B Mykoly Raievskoho St., Kyiv	+380 44 529 4141	Belgian Embassy (Consular Protection)
Sweden	34 Ivana Franka St., Kyiv	+380 44 494 4270	Embassy of Sweden
Denmark	12 Yaroslaviv Val St., Kyiv	+380 44 200 1260	Embassy of Denmark
Finland	12 Striletska St., Kyiv	+380 44 278 7562	Embassy of Finland
United Kingdom	9 Desiatynna St., Kyiv	+380 44 490 3660	British Embassy

Need Another Embassy?

A complete and regularly updated directory of all diplomatic missions in Ukraine is available through the official Ukrainian government portal:

[Directory of Foreign Diplomatic Missions in Ukraine](#)

We Look Forward to Welcoming You

Thank you for choosing to participate in Ukrainian Resilience Week 2026.

Your visit to Lviv is more than attendance at an international conference. It is an opportunity to experience firsthand how Ukrainian cities continue to innovate, cooperate, and build resilience under extraordinary circumstances. By joining us, you become part of an international community working together to strengthen cities, share knowledge and shape more resilient futures.

We hope that, alongside inspiring discussions and new professional connections, you will have the opportunity to discover Lviv's rich history, vibrant cultural life and renowned hospitality. We are confident that your time here will leave lasting professional and personal impressions.

On behalf of the organising committee, we wish you a safe journey and look forward to welcoming you to Lviv in September 2026.

